

Medication Information for Parents and Guardians

To support the health and safety of all campers, Camp Qwanoes has established procedures for the collection, storage, and administration of medications while campers are on property. Please review the following information before your camper arrives.

What Counts as a Medication?

For the purposes of camp operations, a medication includes any substance that is ingested, injected, inhaled, or applied to the body for preventative, therapeutic, or health-related purposes.

This includes:

- Prescription medications
- Over-the-counter (OTC) medications (i.e., Tylenol, Advil, allergy medications)
- Vitamins and dietary supplements
- Melatonin
- Herbal or naturopathic products
- Medicated eye drops, ear drops, and nasal sprays
- Medicated creams, ointments, and lotions

If you are unsure whether an item should be submitted to the healthcare team, please contact the camp before arrival.

Medication Storage During Camp

To help ensure the safety of all campers, medications are stored and managed through the Health Care Centre.

Campers may keep the following emergency medications with them as directed:

- Rescue inhalers
- Epinephrine auto-injectors (EpiPens)

All other medications should be submitted to the healthcare team during check-in and will be stored securely within the Health Care Centre.

Medication Packaging Requirements

To ensure medications can be safely identified and administered, all medications must arrive in their original packaging.

Prescription Medications

Prescription medications must be provided in their original pharmacy-dispensed container and clearly identify:

- Camper's full name
- Medication name
- Prescribed dosage
- Administration schedule or instructions
- Prescribing practitioner

Over-the-Counter Medications

Over-the-counter medications, vitamins, supplements, and similar products should remain in their original manufacturer packaging with all labels and instructions intact.

Medications That Cannot Be Accepted

For safety reasons, camp healthcare staff may be unable to administer medications that cannot be clearly identified.

Examples include:

- Loose pills
- Unlabelled medications
- Unlabelled pill organizers or dosettes
- Medications without sufficient identification or instructions
- Medications that cannot be reasonably verified by the healthcare team

If a medication cannot be verified, it will be securely stored and returned at the end of the camp session.

Medical Information Forms

Please ensure your camper's medical information is complete and up to date in the Qwanoes Online Registration Portal before arrival.

Accurate medication information helps the healthcare team safely manage medications and respond appropriately to your camper's health needs while at camp.

We recommend completing your camper's medical form no more than two weeks before their camp, and as close to the start of their week as possible.

Thank you for partnering with us to support a safe and healthy camp experience for all campers.